

SKOOKUMCHUCK BEST VIEWING TIMES

Skookumchuck means “Strong Water”. Tidewater is forced through Skookumchuck Narrows and forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres in height. Current speeds can exceed 30 km/hr. If it’s big waves you’re looking for, check out the “Flood Tide”, it can be viewed from the Roland Point viewing area. The whirlpool and tidal pool activity is found during the “Ebb Tide” and can be viewed from the North Point viewing area. There is approximately a one hour window on either side of the “Best Viewing” times, so don’t feel you need to be there right at the exact time – it’s a process. This easy hike is on a 4 km well developed trail with minimal elevation change and will take about one hour to walk.

JANUARY 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 7:47 am +XL 2:45 pm -M 7:29 pm +S	2 8:09 am +XL 3:24 pm -L 8:52 pm +S	3 8:36 am +XL 4:01 pm -L
4 9:08 am +L 4:36 pm -L	5 9:48 am +L 4:46 pm -XL	6 6:25 am -S 10:34 am +M 5:25 pm -XL	7 7:45 am -S 11:41 am +M 6:30 pm -XL	8 8:46 am -S 12:48 pm +M 7:59 pm -XL	9 9:38 am -S 2:01 pm +M 9:07 pm -XL	10 10:36 am -M 3:46 pm +M
11 11:25 am -M 3:47 pm +L	12 12:13 am -M 4:39 pm +L	13 6:46 am +XL 12:55 pm -L 5:35 pm +M	14 7:17 am +XL 1:49 pm -L 6:50 pm +M	15 7:54 am +XL 2:38 pm -L 8:00 pm +M	16 8:20 am +XL 3:23 pm -XL 9:10 pm +M	17 8:50 am +XL 4:04 pm -XL
18 9:17 am +L 4:43 pm -XL	19 9:55 am +M 5:28 pm -L	20 6:44 am -S 10:50 am +M 7:07 pm -L	21 7:55 am -S 12:02 pm +S 8:16 pm -L	22 9:01 am -S 1:13 pm +S 8:52 pm -L	23 9:46 am -S 2:01 +S 9:03 pm - XL	24 10:24 am -M 2:44 pm +M
25 11:01 am -M 3:24 pm +M	26 11:37 am -M 4:04 pm +M	27 6:04 am +XL 12:13 PM -M 4:47 pm +M	28 6:20 am +XL 12:48 pm -M 5:33 pm +M	29 6:34 am +XL 1:22 pm -L 6:25 pm +M	30 6:51 am +XL 1:53 pm -L 7:24 pm +M	31 7:13 am +XL 2:23 pm -L 8:28 pm +M

S = Small M = Medium	L = Large XL = Extra Large	+ = Flood Tide - = Ebb Tide
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FEBRUARY 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 7:41 am +XL 2:53 pm -L	2 8:08 am +L 3:11 pm -XL	3 8:58 am +L 3:55 pm -L	4 6:09 -S 10:01 am +M 5:03 pm -XL	5 7:22 am -S 11:21 am +M 6:30 pm -XL	6 8:30 am -S 12:53 pm +M 7:49 pm -XL	7 9:27 am -M 1:56 pm +M 8:51 pm -XL
8 10:17 am -M 2:50 pm +L	9 11:03 am -M 3:42 pm +L	10 11:43 am -L 4:46 pm +L	11 12:31 am -L 5:45 pm +L	12 6:23 am +XL 1:11 pm -L 6:46 pm +L	13 6:47 am +XL 1:47 pm -XL 7:48 pm +L	14 7:13 am +XL 2:21 pm -XL 8:42 pm +L
15 7:40 am +L 2:54 pm -XL	16 8:07 am +M 3:30 pm -L	17 8:58 am +M 4:12 pm -L	18 6:04 am -S 10:10 am +S 5:08 pm +L	19 7:28 am -L 11:53 am +S 6:15 pm -L	20 8:29 am -M 12:55 pm +S 7:18 pm -L	21 9:13 am -M 1:45 pm +M 8:06 pm -L
22 9:50 am -M 2:30 pm +M 8:58 pm -XL	23 10:26 am -M 3:15 pm +L	24 11:00 am -M 3:56 pm +L	25 11:31 am -L 4:41 pm +L	26 12:00 pm -L 5:29 pm +L	27 12:26 pm -L 6:28 pm +L	28 12:51 -XL 7:20 pm +L

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MARCH 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 6:21 am +XL 1:19 pm -XL 8:16 pm +XL	2 6:50 am +L 1:29 pm -XL 9:19 pm +XL	3 7:35 am +L 2:19 pm -XL	4 8:29 am +M 3:35 pm -XL	5 9:49 am +M 4:57 pm -XL	6 7:06 am -S 11:34 am +S 6:17 pm -XL	7 8:14 am -M 12:51 pm +M 7:27 pm -XL
8 10:08 am -M 2:52 pm +M 9:28 pm -XL	9 10:49 am -M 3:47 pm +L	10 11:42 am -L 4:52 pm +L	11 12:11 am -L 5:48 pm +XL	12 12:47 pm -XL 6:41 pm +XL	13 6:21 am +XL 1:11 pm -XL 7:33 pm +XL	14 6:46 am +L 1:38 pm -XL 8:26 pm +XL
15 7:05 am +L 2:07 pm -XL 9:20 pm +XL	16 7:38 am +M 2:38 pm -XL	17 8:16 am +M 3:15 pm -L	18 9:05 am +S 4:08 pm -L	19 6:34 am -S 5:12 pm -L	20 7:52 am -M 12:33 pm +S 6:19 pm -L	21 8:48 am -M 1:39 pm +S 7:22 pm -L
22 9:31 am -M 2:31 pm +L 8:19 pm -L	23 10:08 am -M 3:17 pm +L 9:21 pm -L	24 10:41 am -L 4:03 pm +L	25 11:11 am -L 4:49 pm +L	26 11:38 am -L 5:44 pm +XL	27 12:02 am -XL 6:31 pm +XL	28 12:26 am -XL 7:19 pm +XL
29 6:02 am +L 12:25 pm -XL 8:10 pm +XL	30 6:40 am +L 12:56 pm -XL 9:04 pm +XL	31 7:23 am +L 1:47 pm -XL				

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APRIL 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 8:13 am +M 3:12 pm -XL	2 9:18 am +S 4:31 pm -XL	3 6:37 am -M 10:58 am +S 5:45 pm -L	4 7:53 am -M 12:41 pm +S 6:56 pm -L
5 8:53 am -M 1:54 pm +M 8:04 pm -L	6 9:41 am -L 3:03 pm +L 9:11 pm -L	7 10:22 am -L 4:01 pm +L	8 10:58 am -L 4:56 pm +XL	9 11:28 am -XL 5:46 pm +XL	10 11:46 am -XL 6:35 pm +XL	11 12:07 am -XL 7:22 +XL
12 12:29 pm -XL 8:08 pm +XL	13 6:29 am +M 12:49 -XL 8:54 pm +XL	14 7:05 am +M 1:08 pm -L	15 7:47 am +S 2:02 pm -L	16 8:37 am +S 3:16 pm -L	17 10:14 am +S 4:24 pm -L	18 7:08 am -M 12:15 pm +S 5:19 pm -L
19 8:00 am -M 1:22 pm +S 6:34 pm -M	20 8:41 am -L 2:16 pm +M 7:37 pm -L	21 9:16 am -L 3:04 pm +L 8:41 pm -M	22 9:46 am -L 3:52 pm +L 9:46 pm -M	23 10:13 am -L 4:48 pm +XL	24 10:39 am -XL 5:37 pm +XL	25 10:39 am -XL 6:26 pm +XL
26 11:08 am -XL 7:15 pm +XL	27 11:50 am -XL 8:06 pm +XL	28 12:55 am -XL 8:59 pm +XL	29 7:11 am +M 2:07 pm -XL	30 8:09 am +M 3:17 pm -XL		

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MAY 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9:26 am +S 4:24 pm -L	2 11:18 am +S 5:30 pm -L
3 7:30 am -L 12:51 pm +M 6:38 pm -L	4 8:23 am -L 2:07 pm +M 7:52 pm -M	5 9:08 am -L 3:10 +M 9:10 pm -M	6 9:46 am -L 4:08 pm +L	7 10:17 -XL 5:01 pm +XL	8 11:39 am -XL 5:49 pm +XL	9 11:05 am -XL 6:34 pm +XL
10 11:26 am -XL 7:16 pm +XL	11 11:52 am -XL 7:56 pm +XL	12 12:22 am -XL 8:35 pm +XL	13 5:47 am +S 1:02 pm -L 9:13 pm +XL	14 7:31 am +S 1:52 pm -L	15 8:25 am +S 2:46 pm -L	16 9:55 am +S 3:45 pm -L
17 11:53 am +S 4:47 pm -M	18 7:03 am -L 1:00 pm +S 5:54 pm -M	19 7:42 am -L 1:55 pm +M 7:08 pm -M	20 8:15 am -L 2:46 pm +L 8:30 pm -M	21 8:14 am -XL 3:49 +XL 9:44 pm -M	22 8:46 am -XL 4:43 pm +XL	23 9:24 am -XL 5:36 pm +XL
24 10:20 am -XL 6:27 pm +XL	25 11:22 am -XL 7:17 pm +XL	26 12:19 pm -XL 8:05 pm +XL	27 1:15 pm -XL 8:52 pm +XL	28 7:10 am +M 2:14 pm -XL 9:37 pm +XL	29 8:13 am +M 3:15 pm -XL	30 9:44 am +S 4:06 pm -L
31 11:34 am +S 5:19 pm -L						

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JUNE 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 12:50 am +M 6:29 pm -M	2 7:46 am -L 2:09 pm +L 7:49 pm -M	3 8:29 am -XL 3:16 pm +L 9:05pm -S	4 10:16 am +XL 4:15 pm +XL	5 10:59 am -XL 5:07 pm +XL	6 11:33am -XL 5:53 pm +XL
7 11:06 am -L 6:34 am +XL	8 11:22 am -XL 7:13 pm +XL	9 11:50 am -XL 7:48 pm +XL	10 12:23 am -XL 8:20 pm +XL	11 12:58 pm -XL 8:48 pm +XL	12 7:22 am +S 1:37 pm -L 9:13 pm +XL	13 8:19 am +S 2:21 pm -L 9:39 pm +XL
14 9:45 am +S 3:13 pm -L	15 11:21 am +S 4:14 pm -M	16 12:28 pm +M 5:28 pm -M	17 1:26 pm +L 6:59 pm -S	18 6:43 am -L 2:39 pm +L 8:26 pm -S	19 7:18 am -L 3:43 pm +L 9:34 pm -S	20 8:15 am -XL 4:43 pm +XL
21 9:38 am -XL 5:38 pm +XL	22 10:42 am -XL 6:28 pm +XL	23 1:35 am -XL 7:12 pm +XL	24 12:26 am -XL 7:55 pm +XL	25 6:14 am +M 1:18 pm -XL 8:32 pm +XL	26 7:12 am +M 2:15 pm -XL 9:08 pm +XL	27 8:34 am +M 3:00 pm -L 9:43 pm +XL
28 10:00 am +M 3:56 pm -L	29 11:24 pm +M 5:01 pm -M	30 6:13 am -L 12:48 pm +L 6:19 pm -S				

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JULY 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 7:32 am -L 2:05 pm +L 7:38 PM -S	2 8:52 am -L 3:14 pm +L 8:51 pm -S	3 9:48 am -L 4:13 pm +XL	4 10:34 am -L 5:10 pm +XL
5 11:15 AM -L 5:48 PM +XL	6 11:37 am -L 6:28 pm +XL	7 11:17 am -L 7:02 pm +XL	8 11:40 am -XL 7:31 pm +XL	9 12:09 pm -XL 7:55 pm +XL	10 12:42 pm -XL 8:13 pm +XL	11 7:18 am +M 1:18 pm -L 8:29 pm +XL
12 8:17 am +M 2:01 pm -L 8:48 pm +XL	13 9:31 am +M 2:54 pm -L 9:12 pm +XL	14 10:44 am +M 4:02 pm -M	15 11:48 am +M 5:27 pm -S	16 1:11 pm +L 6:55 pm -S	17 2:28 pm +L 8:13 pm -S	18 7:04 am -XL 3:37 pm +XL 9:15 pm -S
19 8:35 am -XL 4:36 pm +XL	20 9:49 am -XL 5:30 pm +XL	21 10:43 am -XL 6:15 pm +XL	22 11:33 am -XL 6:53 pm +XL	23 12:24 pm -XL 7:26 pm +XL	24 6:14 am +L 1:10 pm -XL 7:56 pm +XL	25 7:28 am +L 1:57 pm -XL 8:30 pm +XL
26 8:41 am +M 2:47 pm -L 8:57 pm +XL	27 9:47 am +L 3:44 pm -M 9:31 pm +L	28 11:09 am +L 4:54 pm -M	29 12 :29 pm +L 6:01 pm -S	30 6:23 am -L 1:46 pm +L 7:16 pm -S	31 8:01 am -L 2:55 pm +L 8:30 pm +S	

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AUGUST 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:08 am -L 3:53 pm +XL
2 9:58 am -L 4:44 pm +XL	3 10:37 am -L 5:27 pm +XL	4 10:51 am -XL 6:04 pm +XL	5 10:57 am -XL 6:34 pm +XL	6 11:37 am -XL 6:56 pm +XL	7 12:07 pm -XL 7:10 pm +XL	8 6:24 am +M 12:39 pm -L 7:20 pm +XL
9 7:16 am +M 1:08 pm -L 7:33 pm +XL	10 8:11 am +M 1:59 pm -L 7:52 pm +XL	11 9:09 am +L 2:52 pm -M 8:19 pm +L	12 10:19 am +L 3:02 pm -M 8:54 pm +L	13 11:30 am +L 5:25 am -S 9:33 pm +M	14 12:51 pm +L 6:41 pm -S	15 1:49 pm +L 7:52 pm -S
16 7:11 am -XL 3:13 pm +XL 9:02 pm -S	17 8:30 am -XL 4:17 pm +XL	18 9:34 am -XL 5:03 pm +XL	19 10:30 am -XL 5:41 pm +XL	20 11:33 am -XL 6:13 pm +XL	21 12:08 pm -XL 6:44 pm +XL	22 12:55 pm -XL 6:59 pm +XL
23 7:29 am +L 1:43 pm -L 7:32 pm +XL	24 7:30 am +L 2:36 pm -L 8:00 pm +L	25 9:34 am +L 3:38 pm -M 8:27 pm +L	26 10:42 am +L 4:33 pm -M 9:13 pm +M	27 11:56 am +L 5:35 pm -S	28 1:01 pm +L 6:56 pm -S	29 2:16 pm +L 8:21 pm -S
30 7:45 am -L 3:15 pm +XL 9:24 pm -M	31 8:46 am -L 4:06 pm +XL					

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SEPTEMBER 2009

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		1 9:25 am -L 4:47 pm +XL	2 9:46 am -L 5:19 pm +XL	3 10:38 am -L 5:42 pm +XL	4 11:14 am -L 5:56 pm +L	5 11:43 am -L 6:06 pm +L
6 12:29 pm -L 6:17 pm +L	7 7:18 am +L 1:21 pm -M 6:35 pm +L	8 8:07 am +L 2:04 pm -M 7:01 pm +L	9 9:01 am +L 3:09 pm -M 7:29 pm +L	10 10:01 am +L 4:08 pm -S 8:12 pm +M	11 11:12 am +L 5:12 pm -S 9:05 pm +M	12 11:44 am +L 6:21 pm -S
13 1:53 am +XL 7:41 pm -S	14 2:42 pm +XL 7:52 pm -M	15 8:09 am -XL 3:34 pm +XL 9:49 pm -M	16 9:14 am -XL 4:16 pm +XL	17 10:16 am -XL 4:56 pm +XL	18 11:04 am -XL 5:17 pm +XL	19 11:55 am -L 5:37 pm +XL
20 12:45 pm -L 6:00 pm +L	21 7:22 am +XL 1:44 pm -L 6:29 pm +L	22 8:17 am +XL 2:29 pm -L 7:02 pm +L	23 9:13 am +XL 3:16 pm -M 7:39 pm +M	24 10:11 am +XL 4:08 pm -M 8:23 pm +M	25 11:13 am +XL 5:17 pm -M 9:26 pm -S	26 12:30 pm +L 6:36 pm -M
27 1:19 pm +L 7:55 pm -M	28 6:28 am -L 2:16 pm +L 8:51 pm -M	29 7:28 am -L 3:03 pm +L 9:35 pm -M	30 8:23 am -L 3:41 pm +L			

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OCTOBER 2009

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				1 9:16 am –L 4:08 pm +L	2 10:07 am –L 4:27 pm +L	3 10:58 am –L 4:33 pm +L
4 11:49 am –L 4:58 pm +L	5 12:38 pm –M 5:20 pm +L	6 1:25 pm –M 5:44 pm +L	7 8:01 pm +XL 2:12 pm –M 6:22 pm +L	8 8:54 pm +XL 3:01 pm –M 7:04 pm +M	9 9:51 am +XL 3:55 pm –S 7:52 pm +M	10 10:53 am +XL 4:55 pm –S 8:52 pm +S
11 11:52 am +XL 6:16 pm –M	12 12:56 pm +XL 7:32 pm –M	13 1:49 pm +XL 8:34 pm –M	14 7:47 am –L 2:36 pm +XL 9:23 pm –L	15 9:01 am –L 3:21 pm +XL	16 9:59 am –L 3:50 pm +L	17 10:59 am –L 4:18 pm +L
18 12:00 pm –M 4:46 pm +L	19 12:45 pm –M 5:17 pm +M	20 7:18 am +XL 1:27 pm –M 5:51 pm +M	21 8:05 am +XL 2:09 pm –M 6:38 pm +M	22 8:52 am +XL 2:53 pm –M 7:07 pm +S	23 9:40 am +XL 3:52 pm –M 7:52 pm +S	24 10:28 am +XL 4:54 pm –M 8:49 pm +S
25 11:48 am +XL 5:33 pm –M	26 12:42 pm +XL 7:15 pm –M	27 1:27 pm +L 8:05 pm –M	28 1:32 pm +L 8:53 pm –L	29 7:36 am –M 2:08 pm +L 9:18 pm –L	30 8:48 am –M 2:48 pm +L	31 9:56 am –M 3:04 pm +L

S = Small M = Medium	L = Large XL = Extra Large	+ = Flood Tide - = Ebb Tide
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(for recreational use only, for accurate navigational times please refer to the official 2009 Tide Table)

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SKOOKUMCHUCK BEST VIEWING TIMES

Skookumchuck means “Strong Water”. Tidewater is forced through Skookumchuck Narrows and forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres in height. Current speeds can exceed 30 km/hr. If it’s big waves you’re looking for, check out the “Flood Tide”, it can be viewed from the Roland Point viewing area. The whirlpool and tidal pool activity is found during the “Ebb Tide” and can be viewed from the North Point viewing area. There is approximately a one hour window on either side of the “Best Viewing” times, so don’t feel you need to be there right at the exact time – it’s a process. This easy hike is on a 4 km well developed trail with minimal elevation change and will take about one hour to walk.

NOVEMBER 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:53 am –M 2:29 pm +L	2 10:43 am –M 3:03 pm +L	3 11:29 am –M 3:41 pm +M	4 12:14 pm –M 4:21 pm +M	5 12:58 pm –M 5:05 pm +M	6 7:49 am +XL 1:46 pm –M 5:53 pm +M	7 8:38 am +XL 2:49 pm –M 6:37 pm +S
8 9:28 am +XL 3:53 pm –M 7:56 pm +S	9 10:16 am +XL 5:04 pm -M	10 11:04 am +XL 6:08 pm -L	11 11:49 am +XL 7:01 pm -L	12 12:31 pm +XL 7:47 pm -L	13 7:56 am –M 1:20 pm +L	14 9:05 am –M 1:57 pm +L
15 10:00 am –M 2:34 pm +M	16 10:47 am –M 3:11 pm +M	17 11:29 am –M 3:49 pm +M	18 12:08 pm –M 4:26 pm +M	19 12:58 pm –M 5:05 pm +S	20 7:33 am +XL 1:43 pm –M 5:46 pm +S	21 8:10 am +XL 2:31 pm –M 6:31 pm +S
22 8:44 am +XL 3:25 pm –M 7:27 pm +S	23 9:10 am +XL 3:55 pm -M	24 8:59 am +XL 5:19 pm -M	25 10:20 am +L 6:02 pm -L	26 10:55 am +L 6:37 pm -L	27 11:33 pm +L 6:41 pm -L	28 7:31 am –S 12:16 pm +M 7:15 pm -L
29 8:41 am –S 12:58 pm +M 7:53 pm -XL	30 9:38 am –M 1:49 pm +M 8:43 pm -XL					

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DECEMBER 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:26 am –M 2:38 pm +M	2 11:11 am –M 3:24 pm +M	3 11:55 am –M 4:11 pm +M	4 12:49 pm –M 4:58 pm +M	5 7:35 am +XL 1:41 pm –M 5:50 pm +M
6 8:14 am +XL 2:36 pm –M 6:49 pm +M	7 8:59 am +XL 3:34 pm –L 8:09 pm +S	8 9:31 am +XL 4:33 pm -L	9 10:10 am +XL 5:28 pm -L	10 10:50 am +XL 6:18 pm -XL	11 11:33 am +L 7:56 pm -XL	12 7:46 am –S 12:20 pm +L 8:52 am -XL
13 8:53 am –S 1:09 pm +M	14 9:47 am –M 2:05 pm -M	15 10:31 am –M 2:48 pm +M	16 11:21 am –M 3:29 pm +M	17 12:01 pm –M 4:09 pm +M	18 12:40 pm –M 4:49 pm +M	19 7:09 am +XL 1:21 pm –M 5:31 pm +M
20 7:35am +XL 2:03 pm –M 6:17 pm +S	21 7:57 am +XL 2:47 pm –M 7:14 pm +S	22 8:17 am +XL 3:29 pm –L 8:40 pm +S	23 8:39 am +XL 4:09 pm -L	24 9:05 am +XL 4:45 pm -L	25 9:39 am +L 4:55 pm -L	26 10:22 am +L 5:29 pm -L
27 7:11 am –S 11:09 am +M 6:10 pm –XL	28 8:20 am –S 12:21 pm +M 7:18 pm -XL	29 9:14 am –S 1:29 pm +M 8:33 pm -XL	30 10:02 am –M 2:25 pm +M	31 10:56 am –M 3:15 pm +M		

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